



THIS WEEK

Café 300
Week of 16th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- National Sweet Potato Month Grab & Go Special: Whipped Ricotta, Sweet Potato, Brussels Sprout, Fig and Date Bowl
- Check out our Fuel Like an Olympian Promotion at the Salad Bar

UPCOMING:

- Tasting Table Feb. 24th

WEEKLY SPECIALS

Deli

Crispy Chicken Bacon Wrap
Kira's Sunburst Turkey melt

Grill

Breakfast: Jermaine's Turkey Avocado English Muffin, & Roy & Muno Breakfast Sandwich
Lunch: Teriyaki Brown Rice Edamame Burger **M**

Taqueria

Chipotle Orange Marinated Flank Steak **M**

Soup

Chicken Tortilla Soup with Fried Corn Tortilla Strips **M**
Chickpea Spinach Orzo Stew, Parmesan

CHEF'S TABLE

Tuesday & Wednesday- Mardi Gras

Red Beans and Rice | Cheddar Cheese Grits | Cornmeal Fried Shrimp | Chicken Creole | Vegetable Gumbo **M** | Roasted Sweet Potatoes **M** | Braised Okra and Tomato **M** | Sauteed Green Beans **M** | Cajun Remoulade | Creole Sauce

HOURS

Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

Lunch

11 AM – 1:30 PM
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF FEBRUARY 16TH 2026

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie

NEW Smoothie in Celebration of Valentine's Day & Citrus Month: Strawberry, Grapefruit, Honey

ARBOR (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

Breakfast Quesadillas

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

Winter Sizzling Salad Bar